



Jingle Bell Run ***Saturday, December 3rd***

**Roger B. Wilson County
Government Center
Columbia, MO**

7:00am Registration

8:00am Start

www.jinglebellruncolumbia.org

JOIN US TODAY!!

\$20.00 JBR Registration 5k or 1 mile

\$25.00 During Packet pickup (12/2)

\$30.00 on Race Day

\$15.00 Youth Registration: 14 & under

\$5.00 Tot Trot: age 5 & under (t-shirt
not included)

Nationally Sponsored By



Proud member of



United Way
of Greater St. Louis

5K Run, 1 Mile Walk, Tot Trot
Long sleeved T-shirt and bells go to
the first 600 registered participants.
Sizes not guaranteed, arrive early to
packet pick up.
(Tot Trot not included in t-shirt give away.)

Packet Pick up and Registration:

Friday, December 2nd
10:00 a.m. – 3:00 p.m.
Tryathletics
1605 Chapel Hill Road
Columbia, MO 65201

Saturday December 3, 2011
7:00 a.m. – 7:45 a.m.
Roger B. Wilson Government Center
801 E. Walnut
Columbia, MO 65201

For more information call Elaina at 314-991-9333 Ext. 5803

or visit **www.jinglebellruncolumbia.org**

**Awards will be given to the best costume and the top male
and female in each age group.**



The Jingle Bell Run/Walk raises awareness of the nation's most common cause of disability, while raising desperately needed funds to help find a cure for arthritis!!

All proceeds benefit the Arthritis Foundation.

Check out our www.jinglebellruncolumbia.org for more incentive prizes.

5K Race Awards will be given to the top three male and female finishers in the following categories:

14 and under

15 . 19

50 - 59

20 . 29

60 . 69

30 . 39

70 - 79

40 - 49

80 +

Timing and race direction provided by KC Running Club.

Name _____

Address _____ City/State/Zip _____

Day Phone _____ Email _____

Male Female Date of Birth _____ T shirt Size _____

Run - 5K Run (Chip timed official time will appear on KC Running Club website)

Walk - 5K Run/walk (Clock timed - time will not appear on day of printout or Fleet Feet website. You must look at the clock when crossing the finish line to realize your time).

1 Mile Walk

Tot . Trot

____ I want to be a team captain, please send me more information

____ Please accept the enclosed check as a donation, I do not plan to attend.

Waiver/Release – Signature Required (Columbia JBR event code 2000)

I am over the age of 18 or have obtained my parent or guardian's consent as I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the Jingle Bell Run/Walk®, (2) In consideration of my application to participate in the Jingle Bell Run/Walk® being accepted, I, on behalf of myself, my heirs and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees from any and all claims that may accrue as the result of my participation, and (3) I hereby grant the Arthritis Foundation specific permission to reproduce, publish, circulate, copyright or otherwise use any and all photographs and/or videotape of me and/or my family, taken at the Jingle Bell Run/Walk®, for use by the Arthritis Foundation. (4) I acknowledge that all registration fees and donations are non-refundable and non-transferable.

SPECIAL JINGLE BELL RUN/WALK® DOG WAIVER

Requirements

~ All dog walkers must be over the age of 18 ~ Dogs must be accompanied by a registered participant ~ Participants must pick up after their dog ~ dogs must have current shots. ~ All participants must sign Waiver/Release ~ All dogs must be kept on a maximum 6 foot leash at all times ~ Female dogs in heat will not be allowed to participate. ~ At the sole discretion of the Event Coordinator dogs whose behavior is unruly or might prove to be hazardous to participants, other dogs or spectators, will be requested to leave the Jingle Bell Run/Walk® premises. ~ All dog walkers must comply with site location rules not listed above.

I hereby certify the following: (1) My dog is physically fit and has received medical clearance to participate in the Jingle Bell Run/Walk®, (2) As owner of the dog, I am over the age of 18 years in age and shall be the only handler of my dog for this event, (3) In consideration of my dog's application to participate in the Jingle Bell Run/Walk® being accepted, I, on behalf of myself, my heirs and assigns, and my estate, hereby agree to indemnify and hold harmless the sponsors, organizers, and affiliates, as well as their agents, employees, and volunteers (the %admnities-) from all claims for any liability, injury, loss, or damage in any way connected with my dog walk and also waive and forever discharge the indemnities from any and all claims that may accrue as the result of my dog's participation.

Participants Signature: _____ Date _____

If under 18, Parent's or Guardian's Signature _____

Return form & Check Payable to: Arthritis Foundation Heartland Region, Eastern Missouri Payment Processing Center, P.O. Box 790379, St. Louis, MO 63179-0379 - *Registrations must be postmarked by November 22, 2011